

Health & Safety Policy

The health and safety of your child are of the utmost importance. To provide a secure and nurturing environment, I have implemented the following procedures:

Toys and Equipment

- All toys are regularly checked, cleaned, and maintained to ensure they are safe for use. Broken or hazardous items are removed immediately.
- Toys and resources are selected based on the child's age and developmental stage.

Daily Risk Assessments

- A thorough risk assessment of my home is conducted every morning before children arrive to ensure the environment is safe.

Kitchen Safety

- Activities such as cooking and baking will be supervised and conducted at the table in the main play area.

Safety Equipment

- Safety gates, cupboard locks, and other childproofing measures are installed in key areas and checked regularly.

Premises Security

- The front door is kept locked at all times to prevent unauthorised entry or children leaving unsupervised.

Emergency Preparedness

- Procedures are in place for emergencies, including fire evacuation (see Emergency Evacuation Procedure).

Hygiene Standards

- The kitchen is maintained to a high standard, following hygiene guidelines for food storage and preparation, including the use of color-coded boards and cloths for specific tasks.
- Waste is securely managed and kept out of children's reach.
- Smoking is strictly prohibited on the premises.
- Bathrooms are cleaned daily, and hazardous materials are stored securely.

Personal Hygiene

- Children wash their hands before and after meals, snacks, and outdoor activities to promote good hygiene habits.

Child Protection

- I adhere to strict safeguarding guidelines to ensure the well-being of every child (see Safeguarding Policy).

Supervision and Travel Safety

- Children remain under close supervision at all times, both inside and outside the home. Younger children are secured in pushchairs, while older children use harnesses or hold hands.
- Emergency contact details are kept on hand at all times.

Teaching Safety Awareness

- I work collaboratively with parents to teach children about important safety topics, including road safety, stranger danger, healthy eating, and the importance of physical activity.

Sleep Monitoring

- Sleeping children are observed regularly, with baby monitors used as necessary.

Behaviour Management

- In rare situations where a child's actions pose a danger to themselves or others, appropriate measures, such as restraint, may be taken to ensure everyone's safety.

By adhering to these comprehensive measures, I strive to create a safe, hygienic, and positive environment for all children in my care.